

BEARSHEAD 2008

KIT LIST

This list is not exhaustive - merely an indication of the minimum requirement. Some items ARE mandatory. These are marked *.

UNIFORM

- * Beret (with a badge preferably)
- * Dpm jacket (British army design, the mercenary look is just not in this season)
- * Dpm trousers / OG's (see above)
- * Dms boots (veterans amongst you might know them as combat boots)
- * Sleeping bag (self-explanatory really)

HILLWALKING KIT

- * Rucksack (30-40 litres should do unless you're carrying the sleeping bag)
- * Waterproof jacket (well we will be walking close to Wales)
- * Waterproof trousers (and England for that matter)
- * Bivvi-bag (big orange thingy, no bivvi bag = no walk)
- * Whistle (to call "*INTERNATIONAL RESCUE*" not that you really want to)
- * Boots (any sort as long as they are not trainers)
- * Warm clothing (a fleece or thick jumper)
- * Hat and gloves (see waterproof jacket)
- * Emergency rations (*more* than one mars bar, *less* than a family sized pizza)
- * Water bottle (no less than 1 litre of water)
- * Compass (minimum 2 per team)

OTHER KIT

- * Knife, fork, spoon and mug (well you want to eat don't you?)
- * Hard boiled egg (just because we can ok, oh and a name please)
- * F3822 (little blue book, ID, you know the score)
- * Trainers (for canoeing etc, so brand new ones might not be a good idea)
- OG shirt (to wear underneath jacket and on top of whatever takes your fancy)
- Wash kit (to stop that antisocial atmosphere)
- Towel (for use with above)
- Sqn t-shirts (can replace OG shirt if worn by all of team)
- Torch (for those illuminating moments)
- Spare clothing (socks, trousers and underclothes)
- Pen and paper
- Boot cleaning kit (doh!)
- Money (there will be a canteen / NAAFI in the evenings)
- Civvies (stuff for the disco)
- Padlock